

## Chapter 3 Let's get practical

Turn back to the three lists with the five characteristics each that you wrote down in the exercise after Chapter 2. Which tree type does each belong to?

- Do you have a preference for or aversion to any specific tree type?  
Preference:                      Aversion:
- Do you or any of your children have the preferred temperament?
- Do you or any of your children have the temperament you have an aversion to?
- What does this imply about your self-image or your acceptance of yourself?
- What does this imply about your acceptance of your children?
- How can it affect your attitude towards your children positively or negatively?

**The following scriptures warn against judging others. It will serve us well to keep them in the backs of our minds so that we never look down on people who are weak in areas that we are strong in. Our perception of others is clouded by the reference of our own temperament and may prevent us from seeing their true colours! How does each of these scriptures keep us from falling into the trap of judging others?**

- Matthew 7:3-5
- Matthew 18:10
- Romans 12:10 and 16
- Philippians 2:3-4

### **Galatians 6:4-5**

**Make a careful exploration of who you are and the work you have been given, and then sink yourself into that. Don't be impressed with yourself. Don't compare yourself with others. Each of you must take responsibility for doing the creative best you can with your own life (*The Message*).**